

# CURRICULA VITAE

## HUGH R. STEWART III, PH.D., ACHt.

**RUSTY STEWART, PH.D., ACHt.**

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[www.quantumleaplifecoaching.com](http://www.quantumleaplifecoaching.com), & [www.manifestingcommunitycooperation.com](http://www.manifestingcommunitycooperation.com)

### QUALIFICATIONS and ACHIEVEMENTS

- Designed, researched, and facilitated alternative DUI curriculum for Bucks County Council on Alcoholism.
- Developed DUI Train the Trainer module and trained counselors at Bucks County Counsel for Alcoholism.
- Pennsylvania CAC and Psychologist licensure educational requirements completed.
- Seventeen successful years personal recovery and 12 step program experience.
- Certified REIKI Master in the Traditional USUI System (O'Connor, 1999).
- Certified Shamanic REIKI Master Practitioner (Roberts-Herrick, 2004).
- Certified Transformational Breath Facilitator (O'Connor, 2000).
- Certified Level I Aromatherapist, Wisdom Of The Earth (Kapp, 2002).
- Certified Advanced Clinical Hypnotherapist (Zimberoff, 2005).
- Certified Release Therapist (Zimberoff, 2005).
- Certified Advanced Master Shapeshifter (Perkins, 2004).
- Personal Transformation Intensive Leader (Zimberoff, 2006).
- Exceptional in connecting with people to listen, counsel, coach, and problem solve.
- Excellent facilitation skills to process, empower, motivate, and train groups and individuals.
- Professional polished dynamic public speaker (Toastmasters International CTM certification).
- Trained in "The Art of Empowerment: A Professional Training in Facilitating Human Potential" (Gershon & Straub, 1997) and "The Hakomi Method: A Professional Training in Mindfulness Body Centered Psychotherapy" (Kurtz, 2002).

### EDUCATION

*TEMPLE UNIVERSITY, SCHOOL OF EDUCATION - PHILADELPHIA, PENNSYLVANIA*

**Ph.D. - Psychoeducational Processes 2000, Group Processes/Dynamics; Specializing in Addictions Counseling, The Transtheoretical Stages of Change Model and Motivational Interviewing, Training Design and Facilitation, and Interpersonal Communication.**

*DREXEL UNIVERSITY - PHILADELPHIA, PENNSYLVANIA*

**MBA - Marketing 1984, Full-time Drexel student Marketing co-op.**

*ELIZABETHTOWN COLLEGE - ELIZABETHTOWN, PENNSYLVANIA*

**BS - Business Administration 1981, Concentration: Marketing & Economics.**

**Completed workshops emphasizing personal growth, transpersonal psychology, Eastern and Western philosophy integration, indigenous cultures, and human potential in the following areas: family of origin inner child work, relationships, co-dependency, spirituality, meditation, Reiki, breathwork, soul retrieval, quantum physics, coordinate and extended remote viewing, DNA activation and the Orion Spiritual Healing Technique, Shamanism, Sufiism, Qigong, Tai Chi, chakra energy work, values, self-esteem, interpersonal communication, self-responsibility, belief systems, Tao and Tantra sexual energy movement, motivational leadership, mindfulness body centered psychotherapy, Heart Centered Hypnotherapy, Heart Centered BreathWork, Shapeshifting Consciousness, Harmonic Wealth, and Quantum Leap from the following organizations:** The Starting Point, Inc., Wilson Learning Corporation, Association for Research and Enlightenment, Lifespring, Inc., The Essential Experience, Anthony Robbins, Life Enhancement Seminars, Natures Path, The Himalayan Institute, Omega Institute for Holistic Studies, Wisdom Of The Earth, The Wellness Institute, and James Ray International.

**PROFESSIONAL EXPERIENCE**

**IMMACULATA UNIVERSITY, DEPARTMENT OF PSYCHOLOGY –  
MALVERN, PA**

**2006 - PRESENT**

ADJUNCT PROFESSOR

- Currently teach HPM/ORG 307, Adult Development and Life Assessment, to undergraduate students.

**GEORGIAN COURT UNIVERSITY, DEPARTMENT OF PSYCHOLOGY  
AND HOLISTIC HEALTH – LAKEWOOD, NJ**

**2006 - PRESENT**

ADJUNCT PROFESSOR

- Currently teach HH 525, Holistic Counseling Techniques, to graduate students.

**UNIVERSITY OF THE SCIENCES, DEPARTMENT OF SOCIAL SCIENCES –  
PHILADELPHIA, PA**

**2004 - 2005**

ADJUNCT PROFESSOR

- Taught PS 301, Social Psychology, and PS 101, Introduction to Psychology, to undergraduate students.

**THE STARTING POINT, INC. – WESTMONT, NJ**

**2003 - 2004**

PSYCHOTHERAPIST

- Private practice of Integrated Energy Balancing Healing Psychotherapy including Heart Centered Hypnotherapy specializing in alternatives to traditional addictions recovery. Design and facilitate workshops, groups, and healer certifications.

**PERSONAL GROWTH ALTERNATIVES – ROSLYN, PA**

**2000 - PRESENT**

OWNER

- Private practice of Integrated Energy Balancing Healing Psychotherapy including Heart Centered Hypnotherapy specializing in alternatives to traditional addictions recovery. Design and facilitate workshops, groups, and healer certifications.

**THOMAS JEFFERSON UNIVERSITY, COLLEGE OF HEALTH PROFESSIONS,  
DEPARTMENT OF GENERAL STUDIES – PHILADELPHIA, PA**

**2002 - PRESENT**

ADJUNCT PROFESSOR

- Currently teach PSYCH 101, Introduction to Psychology and SOC 305, Marriages and Families Affected by Substance Abuse, to undergraduate students.

**DELAWARE COUNTY COMMUNITY COLLEGE – MEDIA, PA**

**2002**

ADJUNCT PROFESSOR

- Taught PSY 140, General Psychology, to undergraduate students.

**TEMPLE UNIVERSITY, COLLEGE OF EDUCATION, DEPARTMENT OF  
PSYCHOLOGICAL STUDIES IN EDUCATION - PHILADELPHIA, PA**

**2000 - 2002**

ADJUNCT PROFESSOR

- Taught EDPSYCH 531, Learning Theory, to graduate students and PEP 312, Introduction to Group Dynamics, to undergraduate students.

**TEMPLE UNIVERSITY, COLLEGE OF EDUCATION, DEPARTMENT OF  
PSYCHOLOGICAL STUDIES IN EDUCATION - PHILADELPHIA, PA**

**1998 - 2000**

GRADUATE ASSISTANT/PART-TIME INSTRUCTOR

- Taught PEP 312/512, Introduction to Group Dynamics, and PEP 387/587, Intimacy and Control, to graduate and undergraduate students.

**KEYSTONE AAA MID-ATLANTIC - PHILADELPHIA, PA**

**1996 - 1999**

DRIVER EDUCATION INSTRUCTOR (PART-TIME)

- Facilitated ten week in-classroom Defensive Driving courses, including intensive drug and alcohol prevention education, and teach in-car individual driving lessons.

**TEMPLE UNIVERSITY, CENTER FOR PSYCHOEDUCATIONAL  
PROCESSES - PHILADELPHIA, PA**

**1995 - 1998**

CONSULTANT (PART-TIME)

- Conduct needs assessment, collected and interpreted data, designed and facilitated training's. Was involved in the following projects: Columbia North YMCA Strategic Planning Project, Roman Catholic High School Diversity Training, Elverson Middle School Meeting Management Training, Manor College High School Student Leadership and Assertiveness Training, Children International Summer Villages Debriefing, Philadelphia Housing Authority 11th Street Corridor Safety Partnership, and the creation of an Employee and corresponding Train The Trainer Sexual Harassment Awareness Training.

**UNITED HEALTH AND HUMAN SERVICES, INC. - NORTH WALES, PA**

**1996 - 1997**

THERAPEUTIC STAFF SUPPORT (PART-TIME)

- Implement behavioral treatment plans for cases involving children accepted in the Wrap Around Program. Document progression, regression, and/or other behaviors as directed by the Behavioral Specialist. Review these materials in weekly supervision meetings involving the parents, child, and Behavioral Specialist.
- Meet with Quality Improvement Specialist bi-weekly to review clinical paperwork and troubleshoot.
- Successfully completed the following training's: Drug and Alcohol Education, Diagnoses and their Treatment, Family Systems, Suicidal Behaviors and Intervention, Cultural Competency, Child Abuse, Working in the Schools, Teamwork, Conflict Resolution, Life Management, Autism, and Professionalism.

**THE TERRACES - EPHRATA, PA**

**1993 - 1994**

REGIONAL SERVICE COORDINATOR

- Prepared and delivered presentations to secondary school SAP teams, outpatient drug and alcohol facilities, hospitals, EAP's, state and county agencies, community mental health and human service organizations, physicians, DUI attorneys, probation officers, psychologists, labor unions, and businesses. Initiated contacts with referral sources for inpatient drug and alcohol dual diagnosis rehabilitation services, including adults and adolescents, in Philadelphia, New Jersey, Delaware, and surrounding areas.

**R.S. ENTERPRISES - WILMINGTON, DE**

**1990 - 1993**

OWNER

- Established and implemented operational procedures and strategies for a retail athletic footwear business.
- Developed annual revenues from inception to in excess of \$90,000 by year-end 1991.

**PENN-DEL DIRECTORY CORPORATION - WILMINGTON, DE**

**1986 - 1989**

ACCOUNT EXECUTIVE

1986 - 1989

PREMISE SALES REPRESENTATIVE

1986

- Developed effective relationships with existing clients to sell Bell Atlantic Yellow Pages advertising.
- Prepared and delivered presentations to business decision makers.
- Generated over \$2,100,000 of revenue in 1987, increasing accounts over 17% in excess of \$360,000.

**NCR CORPORATION - CAMP HILL, PA**

**1985 -1986**

SALES REPRESENTATIVE

- Sold computer hardware and software. Initiated contacts and serviced existing accounts in 23 counties.
- Conducted marketing campaigns and presented seminars detailing the advantages and use of computers.
- Achieved 260% of quota in 1985.

**FMC CORPORATION - COLMAR, PA**

**1981 - 1983**

SALES DEPARTMENT

- Researched contracts, generated sales reports, and wrote orders. Resigned to pursue MBA degree full-time.

**PROFESSIONAL AFFILIATIONS/ACTIVITIES**

- SBN – Sustainable Business Network
- ATP – Association for Transpersonal Psychology
- ACA – American Counseling Association
- IONS -- Institute of Noetic Sciences
- Omega Institute for Holistic Studies
- The Foundation for Shamanic Studies
- Heart-Centered Therapies Association
- NRDC -- National Resource Defense Council
- The Interfaith Alliance
- The Sierra Club
- Writing, cross training, golfing, skiing, hiking, camping, personal growth groups, reading, meditation, and breathwork, volunteer leadership positions